



## AUGUST 2021: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Green Garden Salad</b> Tomato, Lettuce, Cheese Wrap (V) Ranch Carrot Sticks	<b>Assorted Cold Sandwiches</b> Potato Salad Pickle Chips	<b>Chicken Tender Wrap</b> Dipping Sauce Corn, Peas and Carrots Chickpea Salad	<b>Assorted Grab and Go Salads</b> Rold Gold® Hartzels Fresh New York Apples	<b>Vegetarian Wrap (V)</b> Fresh Tomato Salad
9	10	11	12	13
<b>Green Garden Salad</b> <b>Southwest Burrito (V)</b> Confetti Corn Salad	<b>Assorted Grab and Go Salads</b> Black Bean Salad Frito-Lay® Baked Scoops® Served with Salsa Cup	<b>Assorted Cold Sandwiches</b> Broccoli Cranberry Salad	<b>Chicken Caesar Wrap</b> Green Bean Salad Fresh New York Apples	<b>Superhero Spinach Wrap (V)</b> Crunchy Carrot Sticks
16	17	18	19	20
<b>Green Garden Salad</b> Tomato, Lettuce, Cheese Wrap (V) Ranch Carrot Sticks	<b>Assorted Cold Sandwiches</b> Potato Salad Pickle Chips	<b>Chicken Tender Wrap</b> Dipping Sauce Corn, Peas and Carrots Chickpea Salad	<b>Assorted Grab and Go Salads</b> Rold Gold® Hartzels Fresh New York Apples	<b>Vegetarian Wrap (V)</b> Fresh Tomato Salad
23	24	25	26	27
<b>Green Garden Salad</b> <b>Southwest Burrito (V)</b> Confetti Corn Salad	<b>Assorted Grab and Go Salads</b> Black Bean Salad Frito-Lay® Baked Scoops® Served with Salsa Cup	<b>Assorted Cold Sandwiches</b> Broccoli Cranberry Salad	<b>Chicken Caesar Wrap</b> Green Bean Salad Fresh New York Apples	<b>Superhero Spinach Wrap (V)</b> Crunchy Carrot Sticks
30	31			
<b>Green Garden Salad</b> Tomato, Lettuce, Cheese Wrap (V) Ranch Carrot Sticks	<b>Assorted Cold Sandwiches</b> Potato Salad Pickle Chips		EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	<b>Daily Lunch Specials</b> <ul style="list-style-type: none"> <li>• Peanut Butter &amp; Jelly* (V)</li> <li>• Cheese Sandwich (V)</li> <li>• Hummus Grab &amp; Go (V)</li> <li>• Tuna Fish is available on Tuesday, Wednesday and Thursday</li> </ul>

**Milk\***  
1% Low-fat  
Fat Free  
Fat Free Chocolate

\*Alternative options are available upon request

**OFFERED DAILY**

Assorted Dressings

**Seasonal Fresh Fruit**

Featuring Watermelon, Grapes, Peaches, Plums, Nectarines, Cantaloupes, and Honeydews.  
Subject to availability

OFNS has an extensive Prohibitive Ingredients List available at:  
[schools.nyc.gov/nutritioninformation](https://schools.nyc.gov/nutritioninformation)

(V) Indicates Vegetarian

**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK